

James L. Oschman, Ph.D.
Internationally renowned scientist
and lecturer on Energy Medicine and Complementary Therapies

Jim Oschman is the award-winning author of *Energy Medicine: the scientific basis*, and *Energy Medicine in Therapeutics and Human Performance*. He lectures internationally on the science behind a variety of emerging medical techniques and their contribution to patient care. His inquiry focuses as much on the scientific basis of energy therapies as on what these methods can tell science about how the human body works in health and disease. Jim has degrees in Biophysics and Biology from the University of Pittsburgh. He has worked in major research labs around the world. He has published more than 100 articles and books, and his scientific papers have been published in the world's leading journals. Jim has both taught and attended classes at various therapeutic schools around the world, and experienced a wide range of energy medicine techniques. Finally, Jim has become involved in the development of cutting-edge medical devices and other applications of the emerging concepts of energy medicine. Jim is a member of the Scientific Advisory Board for the Foundation for Alternative and Integrative Medicine, and is the recipient of the Foundation's Founders Award. He has received a Distinguished Service Award from the Rolf Institute and a Career Award from the International Fascia Research Congress. He is a member of the editorial board of the *Journal of Alternative and Complementary Medicine*.

The Frankfurt workshop will demystify the various kinds of energetic therapies that are giving relief from health problems previously considered incurable. We will look closely at the biology of the healing response and how a trained healer can encourage healing when it is not taking place for whatever reason. New understandings of the scientific basis for intuition and intention help the healer achieve a state of consciousness in which healing takes place naturally.

We will discuss the nature of the energy fields around the patient and the healer. We focus on how these fields are produced and how they can convey information about a patient's condition; how the healer can interpret this information; and how energy from the healer can affect the patient. The discussion includes recent research that has measured biological energy fields and how they become disturbed by injury, disease or emotional trauma. Key to the discussion will be some basic physics and quantum physics that explains how we affect each other with or without touching.

Anyone can use the information and experiences from this workshop to improve their own health and the health of the people around them. The discussion will be holistic in that it will include all realms of healing: mental, physical and spiritual. As we explore these subjects, we will refer to the experiences of the famous healer, Christos Drossinakis.